

2008-2009 School Health Survey

1. Please answer the following questions:			
		Response Percent	Response Count
District Name		100.0%	957
County-District Number		100.0%	957
Education Service Center Region Number		100.0%	957
	<i>answered question</i>		957
	<i>skipped question</i>		0

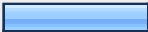
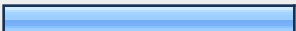
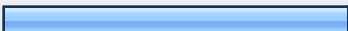
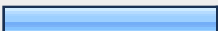
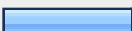
2. Preparer Information			
		Response Percent	Response Count
Name		99.9%	956
Title		99.8%	955
Phone Number		99.8%	955
Fax Number		98.6%	944
Email Address		99.8%	955
Secondary Email Address		46.2%	442
	<i>answered question</i>		957
	<i>skipped question</i>		0

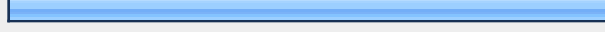
3. School Health Advisory Council (SHAC) Information			
		Response Percent	Response Count
Name of SHAC District Chair Person		100.0%	957
Phone Number of SHAC District Chair Person		100.0%	957
Email Address of SHAC District Person		100.0%	957
	answered question		957
	skipped question		0

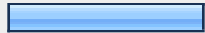
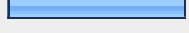
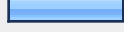
4. District Fitness Assessment Testing Coordinator			
		Response Percent	Response Count
Name of District Fitness Assessment Testing Coordinator:		100.0%	957
Phone Number of District Fitness Assessment Testing Coordinator:		100.0%	957
Email Address of District Fitness Assessment Testing Coordinator:		100.0%	957
	answered question		957
	skipped question		0

5. How many times did your district's School Health Advisory Council (SHAC) meet during the 2007-2008 school year? (One or two digit numeric answer only please)		
		Response Count
		796
	<i>answered question</i>	796
	<i>skipped question</i>	161

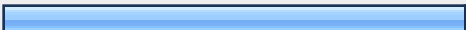
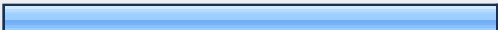
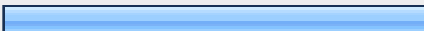
6. Has your school district implemented any policy, program, or practice as a result of the School Health Advisory Council making a recommendation?			
		Response Percent	Response Count
Yes		76.6%	610
No (Skip to # 4)		23.6%	188
		<i>answered question</i>	796
		<i>skipped question</i>	161

7. If yes, what topic was addressed? (Check all that apply)			
		Response Percent	Response Count
Health Education curriculum		55.4%	339
Coordinated School Health		55.7%	341
Recess		20.9%	128
Staff needs		22.1%	135
Wellness Policies		64.4%	394
Physical Activity requirements in grades K-8		44.8%	274
Off-campus physical activity programs		8.0%	49
School Menu/Nutrition Services		52.8%	323
Adaptations for special populations in physical education		7.0%	43
Fundraising		6.4%	39
Parent Involvement		32.7%	200
Other (please specify)		19.3%	118
	answered question		612
	skipped question		345

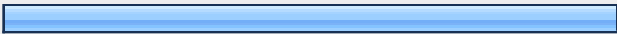
8. What percent of your elementary campuses adhere to the 30 minutes daily or 135 minutes weekly of moderate to vigorous physical activity requirement?			
		Response Percent	Response Count
Less than 25%		1.6%	13
25 – 50%		0.4%	3
50 – 75%		1.0%	8
75% - 99%		4.6%	37
All Campuses		92.3%	735
		<i>answered question</i>	796
		<i>skipped question</i>	161

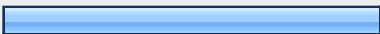
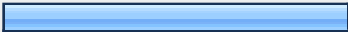
9. What is your school district's policy for meeting the elementary school physical activity requirement?			
		Response Percent	Response Count
30 minutes/day for all grade levels		29.9%	238
30 minutes/day for some grade levels, 135 minutes/week for others		17.2%	137
135 minutes/week for all grade levels		26.9%	214
More than 135 minutes/week		8.5%	68
More than 150 minutes/week		17.5%	139
		<i>answered question</i>	796
		<i>skipped question</i>	161

10. What is your school district's policy for meeting the middle/junior high school physical activity requirement?				
			Response Percent	Response Count
30 minutes/day for four semesters in physical education			44.2%	352
225 minutes/two weeks for four semesters in physical education			16.5%	131
Four semester of physical activity in alternative program			2.6%	21
A mixture of physical education and alternative programs			19.1%	152
Other (please specify)			17.6%	140
	answered question			796
	skipped question			161

11. Of the following, which of the required topics are addressed on your district's website and handbook? (Check all that apply)				
			Response Percent	Response Count
Elementary physical activity policy			74.0%	589
Middle school physical activity policy			71.2%	567
School Health Advisory Council information			76.1%	606
Statement on parental access to student's fitness assessment results			53.6%	427
Tobacco Policies			90.8%	723
Vending Machine Policies			64.9%	517
	answered question			796
	skipped question			161

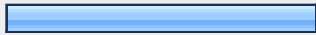
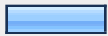
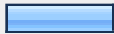
12. At what website can this information be found? If you do not currently have a website with this information, please respond by entering "in progress". You will need to establish a website to include this information to address these statutory requirements.		
		Response Count
		796
	answered question	796
	skipped question	161

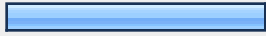
13. Has your school district adopted policies to ensure that campuses comply with agency vending machine and food service guidelines for restricting student access to vending machines?			
		Response Percent	Response Count
Yes		94.7%	754
No		5.3%	42
		answered question	796
		skipped question	161

14. How are those policies enforced? (Check all that apply)			
		Response Percent	Response Count
financial penalties from principal		2.5%	20
financial penalties from superintendent		1.9%	15
removal of vending machine		57.7%	459
other		52.9%	421
don't currently enforce the policies		2.6%	21
		answered question	796
		skipped question	161

15. Has your school district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on school campuses or at school-sponsored or school-related activities?			
		Response Percent	Response Count
Yes		98.4%	783
No		1.6%	13
		answered question	796
		skipped question	161

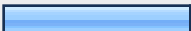
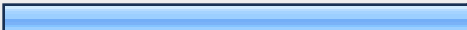
16. How are those policies enforced? (Check all that apply)			
		Response Percent	Response Count
financial penalties from principal		6.8%	54
financial penalties from superintendent		3.3%	26
other		94.5%	752
don't currently enforce the policies		1.0%	8
		answered question	796
		skipped question	161

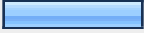
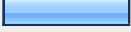
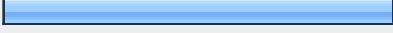
17. What Coordinated School Health Program is your district implementing in your elementary schools?			
		Response Percent	Response Count
Bienestar		3.1%	25
CATCH		47.4%	377
Great Body Shop		11.9%	95
Healthy & Wise		14.8%	118
District-developed		16.1%	128
None		6.7%	53
		<i>answered question</i>	796
		<i>skipped question</i>	161

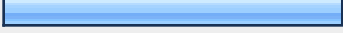
18. What Coordinated School Health Program is your district implementing in your middle and/or junior high schools?			
		Response Percent	Response Count
Bienestar		2.8%	22
CATCH		39.8%	317
Healthy & Wise/SPARK		21.4%	170
District-developed		24.9%	198
None		11.2%	89
		<i>answered question</i>	796
		<i>skipped question</i>	161

19. Do you offer physical activity substitutions for middle school?			
		Response Percent	Response Count
Yes		56.3%	448
No –Skip to #17		43.7%	348
		answered question	796
		skipped question	161

20. What type(s) of physical activity substitution(s) do you offer in middle school? (Check all that apply.)			
		Response Percent	Response Count
Athletics		73.4%	343
Off-Campus Physical Activity		10.7%	50
Dance		1.7%	8
Marching Band		10.1%	47
Other		4.1%	19
		answered question	467
		skipped question	490

21. Do you offer off-campus physical education substitutions for high school?			
		Response Percent	Response Count
Yes		28.6%	228
No (Skip to #19)		71.4%	568
		answered question	796
		skipped question	161

22. How is the off-campus physical education substitution met in high school?			
		Response Percent	Response Count
Category I only (15 hours)		21.0%	47
Category II only (5 hours)		19.2%	43
Both Category I & II		59.8%	134
		<i>answered question</i>	224
		<i>skipped question</i>	733

23. Do you offer Health Education in seventh or eighth grade to meet the .5 credit graduation requirement for high school?			
		Response Percent	Response Count
Yes		48.0%	382
No		52.0%	414
		<i>answered question</i>	796
		<i>skipped question</i>	161

24. What forms of school health-related assessments do you use? (Check all that apply)			
		Response Percent	Response Count
FitnessGram		98.4%	783
ActivityGram		4.8%	38
District-developed		10.8%	86
School Capacity Building		0.6%	5
PECAT		0.1%	1
HECAT		0.1%	1
School Health Index		9.4%	75
Other _____ (please specify)		4.4%	35
		<i>answered question</i>	796
		<i>skipped question</i>	161

25. At what grade levels do you assess student fitness levels? (Check all that apply)			
		Response Percent	Response Count
PreK	☐	14.3%	114
K	☐	37.1%	295
1	☐	40.8%	325
2	☐	44.5%	354
3	☐	96.1%	765
4	☐	96.7%	770
5	☐	96.6%	769
6	☐	96.5%	768
7	☐	96.2%	766
8	☐	96.1%	765
9	☐	93.6%	745
10	☐	93.5%	744
11	☐	92.8%	739
12	☐	91.5%	728
		<i>answered question</i>	796
		<i>skipped question</i>	161

26. Who takes part in conducting your fitness assessment? (Check all that apply)			
		Response Percent	Response Count
Physical Education Teacher		99.0%	788
Dance Instructor		11.9%	95
School Nurse		47.0%	374
Classroom Teacher		29.0%	231
Parents		3.3%	26
Outside Hospital		0.1%	1
Marching Band Director		17.6%	140
Cheerleading/Drill Team Sponsor		15.6%	124
College Students		3.0%	24
Hired Consultants		1.3%	10
Other		28.3%	225
		answered question	796
		skipped question	161

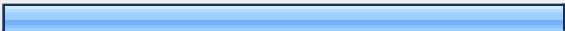
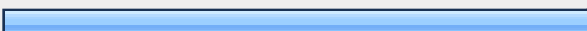
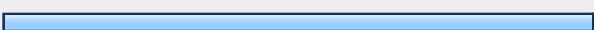
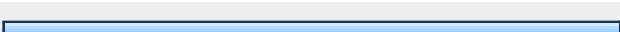
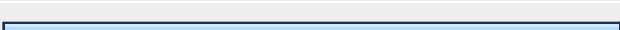
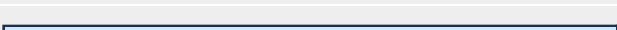
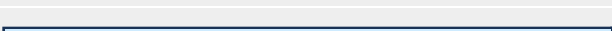
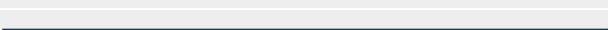
27. What is the average enrollment of your elementary physical education classes?			
		Response Percent	Response Count
1-25 students		26.3%	209
26-40 students		34.7%	276
41-60 students		23.0%	183
61-80 students		9.4%	75
More than 80 students		6.7%	53
		answered question	796
		skipped question	161

28. What is the average enrollment of your middle/junior high physical education classes?			
		Response Percent	Response Count
1-25 students		33.5%	267
26-40 students		40.3%	321
41-60 students		18.2%	145
61-80 students		3.9%	31
More than 80 students		4.0%	32
		<i>answered question</i>	796
		<i>skipped question</i>	161

29. What is the average enrollment of your high school physical education classes?			
		Response Percent	Response Count
1-25 students		45.4%	361
26-40 students		35.4%	282
41-60 students		13.2%	105
61-80 students		2.5%	20
More than 80 students		3.5%	28
		<i>answered question</i>	796
		<i>skipped question</i>	161

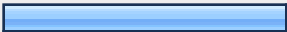
30. Of the physical education courses offered in your district grades K-12, what percentage is taught by a certified physical education teacher?

		Response Percent	Response Count
less than 25%		4.9%	39
25 – 50%		0.6%	5
51 – 75%		1.5%	12
76% - 99%		8.9%	71
All		84.0%	669
		<i>answered question</i>	796
		<i>skipped question</i>	161

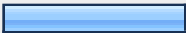
31. At what grade levels do you require a certified physical education teacher? (Check all that apply)			
		Response Percent	Response Count
PreK		45.5%	362
K		86.2%	686
1		89.3%	711
2		90.2%	718
3		91.3%	727
4		91.1%	725
5		91.2%	726
6		94.3%	751
7		95.0%	756
8		95.0%	756
9		94.6%	753
10		93.8%	747
11		93.5%	744
12		93.5%	744
answered question			796
skipped question			161

32. Indicate in what grades your district collects statistics and data on any of the following health issues. (Check all that apply)

		Response Percent	Response Count
Asthma:		39.3%	313
Pre-K		39.9%	318
K		43.7%	348
1		43.8%	349
2		43.8%	349
3		44.3%	353
4		44.0%	350
5		44.1%	351
6		43.8%	349
7		43.3%	345
8		43.5%	346
9		42.1%	335
10		41.7%	332
11		41.8%	333
12		40.8%	325
We do not collect data or statistics on Asthma		53.3%	424
Diabetes:		41.8%	333
Pre-K		40.6%	323
K		45.1%	359
1		47.9%	381
2		44.6%	355
3		48.9%	389
4		45.0%	358

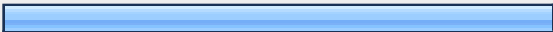
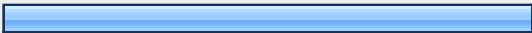
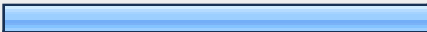
5		48.9%	389
6		45.2%	360
7		48.6%	387
8		44.3%	353
9		43.7%	348
10		43.3%	345
11		43.3%	345
12		43.5%	346
We do not collect data or statistics on Diabetes		47.6%	379
	<i>answered question</i>		796
	<i>skipped question</i>		161

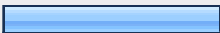
33. In this school year, indicate if your district staff has attended/will attend or needs training on any of the following topics. (Check all that apply)			
	Attended/Will Attend	Need	Response Count
Teen pregnancy/STD Prevention/Abstinence	85.3% (556)	19.5% (127)	652
Suicide Prevention/Mental Health	78.0% (461)	26.2% (155)	591
Family Violence	71.7% (382)	31.1% (166)	533
Positive Youth Development	76.6% (428)	27.2% (152)	559
Child Abuse and Neglect	83.4% (514)	20.5% (126)	616
Pedestrian and Traffic Safety	58.2% (241)	43.7% (181)	414
Care of Students with Diabetes (Required by HB 984)	90.3% (643)	12.9% (92)	712
Eligibility and Benefits of CHIP/Medicaid	69.6% (351)	31.7% (160)	504
Coordinated School Health	86.0% (536)	18.1% (113)	623
Physical Education Curriculum Development	85.8% (530)	17.5% (108)	618
Health Education Curriculum Development	84.7% (514)	17.8% (108)	607
Nutrition Policies and Guidelines	92.9% (624)	10.1% (68)	672
	answered question		796
	skipped question		161

34. Does your district utilize a teen pregnancy/STD prevention/Abstinence program/curriculum?			
		Response Percent	Response Count
Yes		72.5%	577
No		27.5%	219
		answered question	796
		skipped question	161

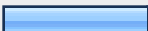
35. If No, would the district send teachers to the training if it was offered at your Education Service Center?			
		Response Percent	Response Count
Yes		85.4%	234
No		14.6%	40
		answered question	274
		skipped question	683

36. Does your school district have a policy for addressing HIV prevention education?			
		Response Percent	Response Count
Yes		61.8%	492
No		25.5%	203
In process of developing a policy or educational program		12.7%	101
		answered question	796
		skipped question	161

37. If Yes, does your policy address any of the following? (Check all that apply)			
		Response Percent	Response Count
Bloodborne Pathogens		84.7%	460
Abstinence		81.2%	441
Risk Reduction		65.2%	354
		<i>answered question</i>	543
		<i>skipped question</i>	414

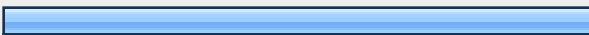
38. What percent of your campuses have a full-time registered nurse?			
		Response Percent	Response Count
less than 25%		33.0%	263
25 – 50%		13.7%	109
50 – 75%		11.1%	88
75% - 99%		9.2%	73
All Campuses		33.0%	263
		<i>answered question</i>	796
		<i>skipped question</i>	161

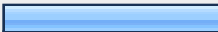
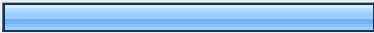
39. What percent of your campuses have a full-time school counselor?			
		Response Percent	Response Count
less than 25%		13.4%	107
25-50%		5.0%	40
51-75%		6.9%	55
76-99%		8.8%	70
All Campuses		65.8%	524
<i>answered question</i>			796
<i>skipped question</i>			161

40. In implementing HB 984, what percent of your campuses have trained Unlicensed Diabetes Care Assistants as outlined in the Diabetes Council Guidelines?			
		Response Percent	Response Count
less than 25%		22.0%	175
25 – 50%		5.5%	44
50 – 75%		6.3%	50
75% - 99%		4.3%	34
All Campuses		61.9%	493
<i>answered question</i>			796
<i>skipped question</i>			161

41. In implementing SB 7, what percent of your campuses have integrated instruction addressing CPR in your high school health education course?			
		Response Percent	Response Count
less than 25%		22.9%	182
25 – 50%		5.7%	45
50 – 75%		3.4%	27
75% - 99%		5.7%	45
All Campuses		62.4%	497
		<i>answered question</i>	796
		<i>skipped question</i>	161

42. Does your district have representation on community coalitions or collaborative efforts that address any of the following areas? (Check all that apply)			
		Response Percent	Response Count
Mental Health Issues		49.1%	391
Substance Abuse		60.3%	480
Teen Pregnancy Prevention		51.8%	412
HIV/STD Prevention		37.3%	297
Obesity Prevention		37.8%	301
Child Safety		65.2%	519
		<i>answered question</i>	796
		<i>skipped question</i>	161

43. The Child Nutrition and WIC Reauthorization Act of 2004 requires that each school district participating in the School Meals Program shall establish a local wellness policy. Has your district started the required plan for measuring the implementation of your local wellness policy?			
		Response Percent	Response Count
Yes		90.5%	720
No		7.5%	60
N/A (Our district does not accept federal funding for reimbursable meals)		2.0%	16
answered question			796
skipped question			161

44. As a result of measuring the implementation of your local wellness policy, has your district had to update or amend your local wellness policy?			
		Response Percent	Response Count
Yes		33.0%	263
No		56.9%	453
N/A		10.1%	80
answered question			796
skipped question			161

45. Does your local wellness policy support the efforts of your local School Health Advisory Council?			
		Response Percent	Response Count
Yes		92.6%	737
No		0.9%	7
N/A		6.5%	52
answered question			796
skipped question			161

46. Does your local wellness policy support the efforts of your Coordinated Health Program?				
			Response Percent	Response Count
Yes			90.6%	721
No			1.1%	9
N/A			8.3%	66
			<i>answered question</i>	796
			<i>skipped question</i>	161