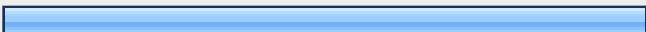


School Health Survey 2009-2010

1. Please Answer the Following Questions:			
		Response Percent	Response Count
District Name		100.0%	1,058
County-District Number		98.1%	1,038
Education Service Center Region # (please enter 1 or 2 digit number only)		99.8%	1,056
	<i>answered question</i>		1,058
	<i>skipped question</i>		2

2. Preparer Information			
		Response Percent	Response Count
Name of Preparer		100.0%	1,058
Title of Preparer		99.8%	1,056
Phone Number of Preparer		99.9%	1,057
Email Address of Preparer		99.7%	1,055
	<i>answered question</i>		1,058
	<i>skipped question</i>		2

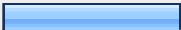
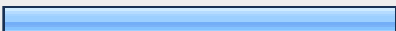
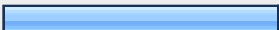
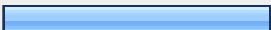
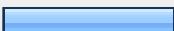
3. School Health Advisory Council (SHAC) Information			
		Response Percent	Response Count
Name of SHAC District Contact		100.0%	1,058
Phone Number of SHAC District Contact		99.1%	1,049
Email Address of SHAC District Contact		99.2%	1,050
Name of Required PARENT SHAC District Chair or Co-Chair		94.7%	1,002
Phone Number of Required PARENT SHAC DISTRICT Chair or Co-Chair		88.6%	937
Email Address of Required PARENT SHAC District Chair or Co-Chair		77.6%	821
		<i>answered question</i>	1,058
		<i>skipped question</i>	2

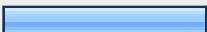
4. District Fitness Assessment Testing Coordinator Information			
		Response Percent	Response Count
Name of District Fitness Assessment Testing Coordinator		100.0%	1,058
Phone Number of District fitness Assessment Testing Coordinator		99.4%	1,052
Email Address of District Fitness Assessment Testing Coordinator		99.2%	1,050
		<i>answered question</i>	1,058
		<i>skipped question</i>	2

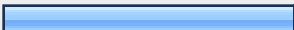
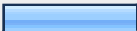
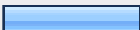
5. Please list the members that make up your SHAC.		
		Response Count
		1,036
	<i>answered question</i>	1,036
	<i>skipped question</i>	24

6. How many times did your district's SHAC meet during the 2008-1009 school year? (one or two numeric digits only)		
		Response Count
		1,036
	<i>answered question</i>	1,036
	<i>skipped question</i>	24

7. Has your district implemented any policy, program, or practice as a result of the SHAC making a recommendation?			
		Response Percent	Response Count
Yes		74.0%	767
No (if no, skip to #9)		26.5%	275
	<i>answered question</i>		1,036
	<i>skipped question</i>		24

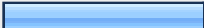
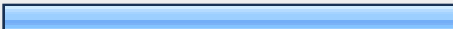
8. If yes, what topics were addressed? (check all that apply)			
		Response Percent	Response Count
Health education curriculum		59.3%	460
Coordinated school health program adoption		46.9%	364
Recess		23.2%	180
Staff needs		26.7%	207
Wellness policies		60.2%	467
Physical activity requirements in grades K-8		42.3%	328
Off-campus physical activity programs		10.7%	83
School menu/nutrition services		54.9%	426
Adaptations for special populations in physical education		8.6%	67
Fundraising		9.3%	72
Parent involvement		41.0%	318
Other (please specify)		25.9%	201
	<i>answered question</i>		776
	<i>skipped question</i>		284

9. What is your district's policy for meeting the elementary school physical activity requirements?			
		Response Percent	Response Count
30 minutes/day for all grade levels		30.7%	315
30 minutes/day for some grade levels, 135 minutes/week for others		13.5%	138
135 minutes/week for all grade levels		31.0%	318
More than 135 minutes/week		11.3%	116
More than 150 minutes/week		15.2%	156
		answered question	1,026
		skipped question	34

10. What is your district's policy for meeting the middle/junior high school physical activity requirement?			
		Response Percent	Response Count
30 minutes/day for four semesters in physical education		44.5%	457
225 minutes/two weeks for four semesters in physical education		20.1%	206
Four semesters of physical activity in alternative programs		2.7%	28
A mixture of physical education and alternative programs		15.7%	161
Other (please specify)		20.6%	211
		answered question	1,026
		skipped question	34

11. Of the following, which topics were addressed on your district's website and handbook? (check all that apply)			Response Percent	Response Count
Elementary physical activity policy			73.7%	756
Middle school physical activity policy			67.4%	692
School Health Advisory Council information			73.6%	755
Statement on parental access to student's fitness assessment results			49.8%	511
Other (please specify)			13.6%	140
			answered question	1,026
			skipped question	34

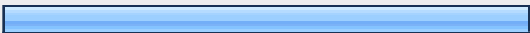
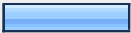
12. Has your district adopted policies to ensure that campuses comply with agency vending machine and food service guidelines for restricting student access to vending machines?				Response Percent	Response Count
Yes				95.9%	984
No				4.1%	42
			answered question		1,026
			skipped question		34

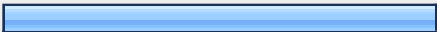
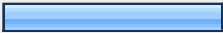
13. Does your district have a policy prohibiting physical activity as a form of punishment?			
		Response Percent	Response Count
Yes		30.6%	314
No		69.6%	714
<i>answered question</i>			1,026
<i>skipped question</i>			34

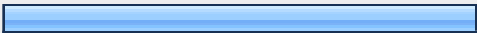
14. Has your district adopted policies and procedures that prescribe penalties for the use of tobacco products by students and others on campuses or at school-sponsored or school-related activities?			
		Response Percent	Response Count
Yes		97.0%	995
No		3.0%	31
<i>answered question</i>			1,026
<i>skipped question</i>			34

15. What Coordinated School Health Program is your district implementing in elementary schools?			
		Response Percent	Response Count
Bienestar	☐	4.4%	45
CATCH	☒	49.7%	510
Great Body Shop	☐	13.5%	139
Healthy & Wise	☐	18.6%	191
None	☐	14.3%	147
District-developed (if checked, you must also check the next box and provide the date approved by TEA)	☐	2.4%	25
Provide date approved by TEA	☐	3.3%	34
answered question			1,026
skipped question			34

16. What Coordinated School Health Program is your district implementing in middle and/or junior high schools?			
		Response Percent	Response Count
Bienestar	☐	4.1%	42
CATCH	☒	43.0%	441
Healthy & Wise/SPARK	☐	24.8%	254
None	☐	24.8%	254
District-developed (if checked, you must also check the next box and provide a date approved by TEA)	☐	3.4%	35
Provide date approved by TEA	☐	5.0%	51
answered question			1,026
skipped question			34

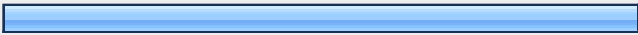
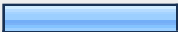
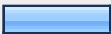
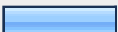
17. Does your district require health education as a graduation requirement for high school in all graduation plans for the 2009-2010 school year?			
		Response Percent	Response Count
Yes		80.8%	829
No		19.2%	197
		answered question	1,026
		skipped question	34

18. Does your district plan to require health education as a graduation requirement for high school in all graduation plans for the 2010-2011 school year?			
		Response Percent	Response Count
Yes		66.7%	684
No		33.4%	343
		answered question	1,026
		skipped question	34

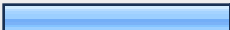
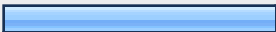
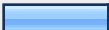
19. Does your district offer health education in middle school?			
		Response Percent	Response Count
Yes		72.6%	745
No		27.6%	283
		answered question	1,026
		skipped question	34

20. List the date of the letter sent to parents/guardians regarding human sexuality instruction, as required by SB283, TEC 28.004.			
		Response Percent	Response Count
Date letter mailed		100.0%	1,016
	<i>answered question</i>		1,016
	<i>skipped question</i>		44

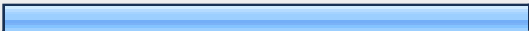
21. What school health-related assessment tools does your district use? (check all that apply)			
		Response Percent	Response Count
FITNESSGRAM		97.8%	994
ActivityGram		2.9%	29
District-developed		5.5%	56
PECAT		0.5%	5
HECAT		0.4%	4
School Health Index		9.3%	94
School Capacity Building Toolkit		0.2%	2
Other (please specify)		3.4%	35
	<i>answered question</i>		1,016
	<i>skipped question</i>		44

22. Who conducts your district's or school's fitness assessment? (check all that apply)			
		Response Percent	Response Count
Physical education teacher		97.8%	994
Dance instructor		7.9%	80
School nurse		26.3%	267
Classroom teacher		15.9%	162
Parents		2.2%	22
Outside hospital		0.2%	2
Marching band director		9.8%	100
Cheerleading/drill team sponsor		8.6%	87
College students		1.8%	18
Hired consultants		0.8%	8
Other (please specify)		16.9%	172
	answered question		1,016
	skipped question		44

23. What is the average class size of your elementary physical education classes?			
		Response Percent	Response Count
1-25 students		28.1%	286
26-40 students		38.5%	391
41-60 students		23.5%	239
61-80 students		7.3%	74
More than 80 students		2.2%	22
District does not have an elementary campus		2.3%	23
		answered question	1,016
		skipped question	44

24. What is sthe average size of your middle/junior high physical education classes?			
		Response Percent	Response Count
1-25 students		34.6%	352
26-40 students		41.9%	426
41-60 students		15.6%	159
61-80 students		3.4%	35
More than 80 students		1.0%	10
District hoes not have a middle/junior high campus		4.1%	42
		answered question	1,016
		skipped question	44

25. What is the average size of your high school physical education classes?			
		Response Percent	Response Count
1-25 students		48.4%	492
26-40 students		33.6%	341
41-60 students		7.7%	78
61-80 students		2.3%	23
More than 80 students		0.7%	7
District does not have a high school campus		7.9%	80
		answered question	1,016
		skipped question	44

26. Of the physical education courses offered in your district grades K-12, what percentage is taught by a certified physical education teacher?			
		Response Percent	Response Count
less than 25%		5.8%	59
25%-50%		1.7%	17
51%-75%		2.4%	24
76%-99%		9.4%	96
All		80.9%	822
		answered question	1,016
		skipped question	44

27. Indicate if your district collects statistics and data on any of the following health issues. (check all that apply)			
	Yes	No	Response Count
Asthma	52.0% (484)	48.3% (450)	931
Diabetes	53.0% (493)	47.3% (440)	931
	<i>answered question</i>		937
	<i>skipped question</i>		123

28. Indicate if your district staff attends or needs training or staff development on any of the following topics. (check all that apply)			
	Attends	Needs	Response Count
Teen pregnancy/STD prevention/abstinence	81.0% (640)	24.9% (197)	790
Suicide prevention	73.6% (545)	30.7% (227)	740
Family violence	69.9% (494)	33.5% (237)	707
Positive youth development	79.8% (603)	24.1% (182)	756
Child abuse and neglect	84.8% (687)	19.5% (158)	810
Pedestrian and traffic safety	59.5% (338)	42.3% (240)	568
Care of students with diabetes (required by HB 9840)	87.5% (756)	15.6% (135)	864
Eligibility and benefits of CHIP/Medicaid	69.5% (469)	32.1% (217)	675
	<i>answered question</i>		937
	<i>skipped question</i>		123

29. Does your district use a teen pregnancy/STD prevention/abstinence program/curriculum?			
		Response Percent	Response Count
Yes		63.2%	592
No (if no, skip to #31)		37.1%	348
answered question			937
skipped question			123

30. What teen pregnancy/STD prevention/abstinence program/curriculum do you use?		
		Response Count
		593
answered question		593
skipped question		467

31. Does your district have a policy for addressing HIV prevention education?			
		Response Percent	Response Count
Yes		55.2%	517
In process of development a policy or educational program		9.4%	88
No (if no, skip to #33)		35.8%	335
answered question			937
skipped question			123

32. If yes, which of the following does your policy address? (check all that apply)			
		Response Percent	Response Count
Bloodborne Pathogens		82.1%	469
Abstinence		76.9%	439
Risk Reduction		55.7%	318
	answered question		571
	skipped question		489

33. What percent of your campuses have a full-time registered nurse?			
		Response Percent	Response Count
less than 25%		41.9%	393
26%-50%		14.3%	134
51%-75%		7.0%	66
76%-99%		6.4%	60
All		30.4%	285
	answered question		937
	skipped question		123

34. What percent of your campuses have a trained Unlicensed Diabetes Care Assistant as outlined in the Diabetes Council guidelines? (HB984)			
		Response Percent	Response Count
less than 25%		27.3%	256
26%-50%		6.7%	63
51%-75%		3.2%	30
76%-99%		4.2%	39
All		58.7%	550
answered question			937
skipped question			123

35. What percent of your campuses have integrated CPR instruction into high school health education courses? (SB7)			
		Response Percent	Response Count
less than 25%		43.3%	406
26%-50%		5.5%	52
51%-75%		2.1%	20
76%-99%		1.7%	16
All		47.4%	444
answered question			937
skipped question			123

36. Does your district have representation on community coalitions or collaborative efforts that address the following areas? (check all that apply)			
		Response Percent	Response Count
Mental health issues		48.8%	457
Substance abuse		61.9%	580
Teen pregnancy prevention		48.5%	454
HIV/STD prevention		36.9%	346
Obesity prevention		41.7%	391
Child safety		65.8%	617
		<i>answered question</i>	937
		<i>skipped question</i>	123

37. The Child Nutrition and WIC Reauthorization Act of 2004 requires that each school district participating in the School Meals Program shall establish a local wellness policy. Has your district started the required plan for measuring the implementation of your local wellness policy.			
		Response Percent	Response Count
Yes		90.3%	846
No		8.2%	77
N/A (our district does not accept federal funding for reimbursable meals)		1.9%	18
		<i>answered question</i>	937
		<i>skipped question</i>	123

38. As a result of measuring the implementation of your local wellness policy, has your district had to update or amend your local wellness policy?			
		Response Percent	Response Count
Yes		33.4%	313
No		66.9%	627
		<i>answered question</i>	937
		<i>skipped question</i>	123

39. How many of the campuses in your district have a Parent Teacher Association (PTA) healthy lifestyles chair?				
		Response Average	Response Total	Response Count
(If none, enter 0)		1.18	1,105	937
	answered question			937
	skipped question			123

40. Approximately how many students with asthma are served in your district each year?				
		Response Average	Response Total	Response Count
(If none, enter 0)		207.41	194,340	937
	answered question			937
	skipped question			123

41. Does your district support the use of its recreation facilities (e.g., gyms, fields, tracks, courts, recreation equipment, etc.), by the public before/after school hours?			
		Response Percent	Response Count
Yes		91.5%	857
No		8.5%	80
		answered question	937
		skipped question	123

42. Do any campuses in your district have a school garden?			
		Response Percent	Response Count
Yes		45.6%	427
No		54.5%	511
		answered question	937
		skipped question	123